



MEET THE GROWERS



Watch the video Salad varieties and listen carefully! You will find the answers to these questions. There are more than 60 types of lettuce grown and enjoyed in the UK. Graham shows you some of the most widely available varieties.

SALAD VARIETIES

Your name: _____

Date: _____

1 How many different types of salad leaves are grown commercially in the United Kingdom?
.....

2 Rocket comes from I _____ and has a s _____ and peppery taste.
Red c _____ has an e _____ taste.

3 Name one of the newest leaves grown on the farm.
.....

4 Baby leaf spinach has r _____ and g _____ leaves that are d _____
g _____ in colour.

5 What is the name of the spinach that is grown for cooking? How big are the leaves?
.....

6 What is the alternative name for the Green Cos lettuce? What popular salad is it used in?
.....

7 What colour is the baby Lollo Rosso lettuce? What shape is the leaf?
.....

8 What happens in the trial area of the farm?
.....
.....

9 Watercress has a h _____ and p _____ taste. It can be eaten r _____ and
c _____.

WORD BANK: USE THE WORDS TO HELP YOU FILL IN THE GAPS.

dark glossy green spicy hot
Italy earthy peppery chard raw
round cooked



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The Easy Healthy Choice



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